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Eco-Adventures takes an optimistic approach to a serious subject. Using humorous illustrations and enjoyable activities, the series focusses on practical things children can do to help save the environment. Stories about Garbage starts with the Dimitriou family at home, engaged in harmless leisure pursuits that actually consume more energy and produce more waste than is necessary. When their garbage stages a minor revolt, insisting on being sorted and recycled, the Dimitrious learn how various substances are produced and which ones can be reused. In A Dolphin in our Living Room, a group of animals take the children on a trip which teaches them about biodiversity and demonstrates how thoughtless use of resources endangers habitats and contributes to climate change. Electrical Stories explains the risk of relying on non-renewable sources of energy, while Back to My Forest shows the importance of forests for the global ecosystem. The books encourage environmental awareness without preaching.